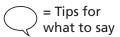
## Social Situation Mapping: 10-Step Visual Guide



PRIME & EXPOSE

This guide shows how what we say and do affects others and how they respond.

| #1<br>Define Situation, Place & People  |  | Think about the situation.<br>Consider where + who + what is happening. Go to #2.                         |  |  |
|---|--|---|--|--|
| #3<br>Expected behaviors*<br>based on the situation<br>and people<br>*Write in positive terms   | #4<br>Connect Expected<br>behaviors to feelings<br>(or thoughts) to<br>self/others   |   | #5<br>Connect feelings<br>to possible actions<br>or reactions  | #6<br>Connect actions or<br>reactions back to feelings<br>(or thoughts)  |
| (Point to box #2)<br>If [read behaviors 1,<br>2, 3] are <b>unexpected</b><br>behaviors, then the<br>opposite would be<br><b>expected</b> behaviors.<br>What behaviors might be<br>the opposite? | (Point to box #3)<br>If a person [read<br><b>expected</b> behaviors 1,<br>2, 3], how do you think<br>others might feel? How<br>would you feel? |   | (Point to box #4)<br>So if someone felt [read<br>feelings 1, 2, 3], how<br>might they act or react<br>based on those feelings? | And then, if someone<br>[read actions/reactions 1,<br>2, 3 from box #5], how<br>might the person who<br>those (re)actions were<br>directed towards feel? |
| #2<br>Unexpected behaviors<br>based on situation<br>and people  | #7<br>Connect Unexpected<br>behaviors to feelings<br>(or thoughts) to<br>self/others   |   | #8<br>Connect feelings<br>to possible actions<br>or reactions  | #9<br>Connect actions or<br>reactions back to feelings<br>(or thoughts)  |
| So, for [situation] when<br>[people] are around,<br>what are some examples<br>of what someone might<br>do or say that would be<br>unexpected behaviors?   | If a pers<br>unexpe<br>2, 3], ho<br>others n   | o box #2)<br>on does [read<br>c <b>ted</b> behaviors 1,<br>ow do you think<br>night feel? How<br>ou feel? | (Point to box #7)<br>So if someone felt [read<br>feelings 1, 2, 3], how<br>might they act or react<br>based on those feelings? | And then, if someone<br>[read actions/reactions 1,<br>2, 3 from box #8], how<br>might the person who<br>those (re)actions were<br>directed towards feel? |

## #10 Circle & SUM IT UP!

Top of map: So, in [situation + place] with [people], if someone does [circle 1 expected behavior] others might feel [circle 1 feeling] and they might [circle 1 action/reaction] which could make the person who was the focus of those actions feel [circle 1 feeling].

**BUT...** (Bottom of map) If someone does [circle 1 unexpected behavior] others might feel [circle 1 feeling] and they might [circle 1 action/reaction] which could make the person who was the focus of those actions feel [circle 1 feeling]. You've figured out the social emotional chain reaction!

STOP If the person is unable to generate examples with your tips, prompts, and examples on any step of the map, then stop and teach basic concepts and vocabulary from the Social Thinking Methodology (e.g., attention to situation/people, thoughts and feelings, etc.).

**REMINDER:** Teach through the perspective of the observer first.

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