

## PHYSICAL PRESENCE and MY PERSONAL SOCIAL THINKING MISSION

Imagine yourself walking down the hallway in your school/office and you accidentally hear some of your peers talking about you, but they don't know you are listening. What would you want to hear them say about you? OR What do you want people to know about you that they may not already know? Your response is now your personal social mission or goal that can be tracked over time.

## I want people to know that I....

- a. Am a competent person
- b. Fun to be around
- c. Kind
- d. Have a good sense of humor

## **1. Situation + People:** Participating on a group Zoom call with peers/teacher

EXPECTED BEHAVIOR 3. • Shoulders facing screen • Eyes looking toward screen • Focused look on my face • Keep shoulders & head in the screen at all times. • Sit up	HOW OTHERS FEEL 4. • Comfortable • Ok • Calm • Fine	<ul> <li>WHAT HAPPENS / HOW OTHERS REACT</li> <li>Finish call</li> <li>Invite me to join other groups</li> <li>Compliment me</li> </ul>	<ul> <li>HOW I FEEL</li> <li>6.</li> <li>Fine</li> <li>Comfortable</li> <li>Calm</li> </ul>
UNEXPECTED BEHAVIOR 2.	HOW OTHERS FEEL 7.	WHAT HAPPENS / HOW OTHERS REACT 8.	HOW I FEEL 9.
<ul> <li>Only top of head is visible</li> <li>Looking around room</li> <li>Talk on cell phone</li> <li>Acting silly</li> <li>Interrupting</li> </ul>	<ul> <li>Uncomfortable</li> <li>Annoyed</li> <li>Awkward</li> </ul>	<ul> <li>Talk about me in the chats</li> <li>Teacher calls me out</li> <li>People laugh at me</li> </ul>	<ul> <li>Foolish</li> <li>Embarrassed</li> <li>Frustrated</li> </ul>

☐ I pledge to participate in my own social learning to the best of my ability.

Signature:\_\_

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